The Greenwich Senior Center Presents

"Understanding Anxiety and Depression"

with Alan P. Siegal, M. D.

Meet Dr. Siegal,

Geriatric and Adult Psychiatry and Research Center is a private psychiatric practice currently located in Hamden, CT. The practice is owned and managed by Board Certified Geriatric Psychiatrist, Alan Siegal, MD. Dr. Siegal is a nationally renowned psychiatrist who serves as Associate Professors at The Yale School of Medicine as well as participating as a physician at both Yale-New Haven Hospital and The Hospital of St. Raphael. He has been recognized by the American Association for Geriatric Psychiatry as “Clinicians of the Year” in 2010. In addition, the practice provides research services for Alzheimer’s patients as well as other types of medical conditions. The practice includes Advanced Practice Registered Nurses (APRN’s) who specialize in geriatric care and professional staff who are Licensed Clinical Social Workers (LCSW’s) and also specialize in treatment of the older adults, their families and caregivers. Geriatric and Adult Psychiatry serves the larger community of New Haven County and will soon be providing services within Fairfield County.

Dr. Siegal will discuss both conditions which are common in older adults. Discover new information and helpful coping mechanisms that could enhance your life. The presentation will be held on **Thursday June 22 at 1:15PM** in the Greenwich Senior Center's Main Dining Room. For more details, please contact Program Coordinator Suzanne Testani @ 203-862-6721.